Purpose

The purpose of this course is to introduce practitioners to evidence-based best practices for Enhanced Recovery After Surgery (ERAS®). The course is intended for the entire health care team and will address preoperative patient preparation, intraoperative management, postoperative care, and data collection. The course will include a workshop to provide practical tips to the participants on how to design and implement ERAS® programs at their home institutions using an interdisciplinary team approach.

Objectives

1. Identify best evidence-based practices for a successful enhanced recovery program.
2. Describe the science behind physiology and pathophysiology of ERAS®.
3. Recognize the importance of a team-based, interdisciplinary approach to patient care.
4. Acquire a better understanding of the nuances of preoperative patient preparation, intraoperative management strategies, and postoperative care.
5. Develop a better understanding of how a team approach can impact patient outcomes.

MSA Accreditation Statement

The Massachusetts Society of Anesthesiologists, Inc. (MSA) designates this live activity for a maximum of 10.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation.

AMA Credit Designation Statement

The Massachusetts Society of Anesthesiologists is accredited by the Massachusetts Medical Society to provide continuing medical education for physicians.
ENHANCED RECOVERY AFTER SURGERY (ERAS): A MULTIDISCIPLINARY APPROACH TO PATIENT CARE
Course and Workshops
March 25–26, 2017
REGISTRATION
You may also register online through the MSA website: mass-anesthesiologists.org

Name: __________________________
Address: ________________________
Hospital: _______________________
Specialty: ______________________
Business Phone: ________________

Email Address: __________________

For your convenience, attach your business card.

Registration Fee (please check the appropriate box)
☐ MSA Members — $250
☐ Nonmember Physicians — $325
☐ RN/NP/PA — $225
☐ Administrators — $200
☐ Residents/Fellows — $75
☐ Students — $50

Register
To register online, please go to: mass-anesthesiologists.org
or call the MSA office to register by CC, or mail your registration with check in the amount of $_____, payable to MSA, PO Box 549154, Waltham, MA 02454 or fax to (781) 464-4896.

Day 1 (March 25)
8:00 a.m. Registration and Breakfast

8:20 a.m. INTRODUCTORY REMARKS
Richard D. Urman, MD, MBA
Associate Professor of Anesthesia, Harvard Medical School;
Bingham and Women’s Hospital
Chair, MSA Programs Committee

9:00 a.m.
8:50 a.m. KEYNOTE ADDRESS:
WHEN DOGMA-BASED PRACTICES ARE DISPROVEN BY NEW EVIDENCE
Olle Ljungqvist, MD
Professor of Surgery, Örebro University Hospital;
Department of Surgery Affiliated Professor of Surgery,
Karolinska Institutet, Stockholm, Sweden

9:20 a.m.
8:55 a.m. PREPARED PREPARATION
Jessica Shanahan, MD
Instructor in Anesthesia, Veterans Affairs Boston Healthcare System;
Department of Anesthesia, Massachusetts General Hospital

9:50 a.m.
10:00 a.m. COLORECTAL SURGERY
Ronald Bleday, MD
Chief, Section of Colon and Rectal Surgery,
Bingham and Women’s Hospital and Dana-Farber Cancer Institute;
Associate Professor of Surgery, Harvard Medical School

10:20 a.m.
10:40 a.m. PHYSIOLOGY AND PATHOPHYSIOLOGY OF ERAS
Michael Scott, MB, ChB, FRCP, FRCA, FFICM
Professor, Department of Anesthesiology and Critical Care Medicine, Virginia Commonwealth University Health System;
Chair of the Education Committee, Executive Committee Member, ERAS Society

11:00 a.m. GOAL-DIRECTED FLUID THERAPY AND PATIENT MONITORING
Matthias F. StopfKuchen-Evans, MD
Department of Anesthesia and Pain Management
Bingham and Women’s Hospital

11:10 a.m.
11:30 a.m. WHEN DOGMA BASED PRACTICES ARE DISPROVEN BY NEW EVIDENCE
Olle Ljungqvist, MD
Professor of Surgery, Örebro University Hospital;
Department of Surgery Affiliated Professor of Surgery,
Karolinska Institutet, Stockholm, Sweden

11:40 a.m.
11:50 a.m. MULTIMODAL ANALGESIA
Matthias F. StopfKuchen-Evans, MD

12:10 p.m.
12:50 p.m. INTRAOPERATIVE OPTIMIZATION STRATEGIES AND DESIGNING INSTITUTIONAL PERIOPERATIVE PROTOCOLS
Kay B. Leissner, MD
Assistant Professor of Anesthesia, Veterans Affairs Boston Healthcare System;
Bostan VA Medical Center

1:20 p.m.
1:50 p.m. UNDERSTANDING ERAS GUIDELINES
Kevin Elias, MD
Instructor in Obstetrics, Gynecology, and Reproductive Biology, Brigham and Women’s Hospital

2:20 p.m.
2:50 p.m. GOAL-DIRECTED FLUID THERAPY AND PATIENT MONITORING
Matthias F. StopfKuchen-Evans, MD
Department of Anesthesia and Pain Management
Bingham and Women’s Hospital

3:20 p.m.
4:00 p.m. STRATEGIES FOR INSTITUTION-WIDE IMPLEMENTATION AND FINANCIAL CONSIDERATIONS
Peter A. Najjar, MD
Senior Quality Consultant and Resident in Surgery
Bingham and Women’s Hospital

5:00 p.m.
6:00 p.m. WHY SOME PRACTITIONERS FEAR ERAS AND HOW TO BECOME PART OF THE SOLUTION
Edward Whang, MD
Associate Professor of Surgery, Brigham and Women’s Hospital

6:30 p.m.
7:30 p.m. IMPLEMENTATION WORKSHOP
Peter A. Najjar, MD
Surgical Care Reviewer, NSQIP Program Quality Coordinator, Maimonides Medical Center

8:00 a.m.实施 workshop
Mary Ann Mecca-Monahan PA-C
ERAS Coordinator, Director of Surgical Quality,
Department of Surgery, St. Francis Hospital and Medical Center, Hartford, Connecticut

8:30 a.m.
9:00 a.m. IMPLEMENTATION WORKSHOP
Olle Ljungqvist, MD, PhD
Professor of Surgery, Örebro University Hospital,
Department of Surgery Affiliated Professor of Surgery,
Karolinska Institutet, Stockholm, Sweden

9:30 a.m.
10:30 a.m. SUBSPECIALTY PANEL: SURGERY, ANESTHESIA, NURSING COURSE FACULTY
Kevin Elias, MD
Instructor in Obstetrics, Gynecology, and Reproductive Biology, Brigham and Women’s Hospital

10:40 a.m.
11:40 a.m. IMPLEMENTATION WORKSHOP
Olle Ljungqvist, MD, PhD
Professor of Surgery, Örebro University Hospital,
Department of Surgery Affiliated Professor of Surgery,
Karolinska Institutet, Stockholm, Sweden

12:30 p.m.
12:50 p.m. WHAT WE KNOW ABOUT ERAS AND PATIENT OUTCOMES?
Olle Ljungqvist, MD

1:30 p.m.
2:30 p.m. CRITICAL CARE MEDICINE, VIRGINIA COMMONWEALTH UNIVERSITY HEALTH SYSTEM; CHAIR OF THE EDUCATION COMMITTEE, EXECUTIVE COMMITTEE MEMBER, ERAS SOCIETY
Michael Scott, MB, ChB, FRCP, FRCA, FFICM
Professor, Department of Anesthesiology and Critical Care Medicine, Virginia Commonwealth University Health System;
Chair of the Education Committee, Executive Committee Member, ERAS Society

2:40 p.m.
3:40 p.m. STRATEGIES FOR INSTITUTION-WIDE IMPLEMENTATION AND FINANCIAL CONSIDERATIONS
Peter A. Najjar, MD
Senior Quality Consultant and Resident in Surgery
Bingham and Women’s Hospital

4:30 p.m. Adjourn

For more information, contact the MSA Office at (781) 434-7329 or MAAnesthesiologists@mms.org.

Cancellations received within three days of the program will be assessed a 25 percent processing fee.